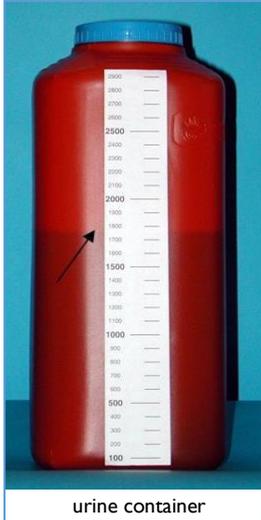


## I. Collecting urine in the urine container during the day and the night



urine container

### Collecting 'daytime urine'

- ✓ Pass urine in the toilet in the morning of the day before the consultation.
- ✓ Thereafter, collect all urine passed during the day until you go to bed.
- ✓ Close the container securely with the lid.
- ✓ Read off the total volume of urine from the scale on the urine container and make a note of the volume of this urine collection (= **day-time urine**) on the label on the tube.
- ✓ Fill the tube by following the instructions below (see point II).
- ✓ Empty the urine container into the toilet, rinse it out and reuse it for the next collection.

### Collecting 'night-time urine'

- ✓ Using the rinsed-out urine container, collect all the urine passed during the night, including when you first get up in the morning.
- ✓ Close the container securely with the lid.
- ✓ Read off the total volume of urine from the scale on the urine container and make a note of the volume of this urine collection (= **night-time urine**) on the label on the tube.
- ✓ Fill the tube by following the instructions below (see point II).
- ✓ Empty the urine container into the toilet, rinse it out and reuse it for the next collection, if required.

## II. Filling the tubes

### Step 1

- ✓ Check that the urine container is securely closed.
- ✓ Mix the urine by tilting the container a few times.



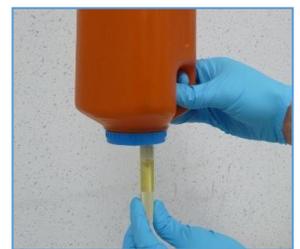
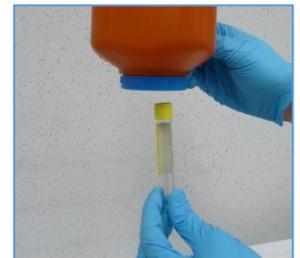
### Step 2

- ✓ Remove the white label from the lid of the urine container.
- Be careful not to touch the grey rubber protrusion (the needle is underneath this) !



### Step 3

- ✓ Tilt the container so that the hollowed-out opening is facing downwards.
- ✓ Push the stopper of the tube into the opening of the urine container.
- ✓ The tube will fill with urine.
- ✓ Once the tube is full, remove it carefully from the urine container.



### Step 4

- ✓ Bring the urine-filled tubes with you to the consultation.
- ✓ Write the following information on the labels of the tubes: surname, first name, urine container volume, day-time or night-time urine.



tube

If you have any questions, please contact the department:  
**Laboratoriumgeneeskunde UZ Leuven – tel. 016 347000**